



# The perfect match for your practice - Nevi 3 and 4

By Lory Laughter, RDH



**T**here is no shortage of hand instruments available to the dental professional. The vast quantity of shapes, metals, edges and handles can be confusing even to the most experienced dental hygienist.

Many of us probably have a stash of extra instruments we purchased on a whim or because of a good sales pitch that are rarely used and most likely long forgotten. Quality is essential when choosing hand instruments - for not only the financial investment but also patient and clinician comfort.

When I first began my search for an instrument that would effectively reach those tough areas between the posterior teeth, discouragement was common. The offerings were bulky and often too long for my comfort. Finding a sickle with the right bend and the right blade size eluded me. Tissue trauma, hand fatigue and/or patient discomfort was associated with every sickle tried, not to mention access below the contact area seemed more difficult than necessary. Until I tried the Nevi 3! It took one patient treatment for me to decide I had found my match.

## Finding the scaler for every need

Posterior sickles offer access to tight contact areas and interproximal surfaces, which present a challenge for curettes. Hu-Friedy has met this challenge with the Nevi 3 and Nevi 4 sickles. Dual cutting edge blades in EverEdge technology add to the effectiveness of deposit removal with less fatigue to the clinician.

The Nevi 3 is ideal for reaching light to moderate deposits just below the contact area and at the gingival margin of posterior teeth. The thin blade allows for easy access and the contra angle bend makes reaching and adapting to posterior surfaces a breeze. The tactile sensitivity of the cushion grip handle enables me to feel even the slightest bit of deposit, especially in those very tight areas just below the contact. I can also explore the margins of restorations easily with this instrument, adding to its value in my set up.

The Nevi 4 has the same contra angle bend, but with a more rigid shank and tapered blade. This instrument removes even the most tenacious, burnished calculus with less effort in the stroke and, therefore, less hand fatigue for the clinician. The Nevi 4 provides easy access to those interproximal deposits at the gingival margin.

Patient comfort is an important factor when choosing any instrument and the Nevi 3 and Nevi 4 address this issue well. The



Figure 1. Nevi 4 reaches into tight proximal surfaces with ease.

blade design allows for precise access without causing irritation to the surrounding tissue or tooth surfaces. EverEdge Technology® keeps the blade edge sharper longer making each stroke more effective and allowing for less pressure. I use less pressure and less working strokes with these instruments providing a more comfortable situation for my patients.

Choosing quality instruments will add value to your investment and the patient's experience in the office. The Nevi 3 and Nevi 4 are great investments for the clinician, the patient and ultimately the practice.

## About the author

*Lory Laughter has been a practising dental hygienist since her graduation from Idaho State University in 1994. Today she has a variety of career roles including private practice, speaking, writing, event planning and also participates in hygiene department consulting with Kathleen Johnson consulting. Ms Laughter is the founder and owner of Dental IQ - a business committed to providing quality continuing education to the entire dental team and is a Thought Leader for Hu-Friedy and Key Opinion Leader with GC America. Her humorous side was honed by raising nine children and still maintaining some degree of sanity (and most all of her hair). Her spare time is devoted to volunteering in her community, providing a warm home to abandoned pets and enjoying empty nest syndrome.*